FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Washington, D.C. 20549

# **OMB APPROVAL**

OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

#### Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  TUCKER DAVID W.							2. Issuer Name and Ticker or Trading Symbol Addus HomeCare Corp [ ADUS ]										tionship of Reporting all applicable) Director Officer (give title		g Pers	Person(s) to Issuer  10% Owner Other (specify	
(Last) (First) (Middle) 6801 GAYLORD PARKWAY SUITE 110						3. Date of Earliest Transaction (Month/Day/Year) 11/22/2019											below)  EVP/Chief Develop			below)	
(Street) FRISCO TX 75034					4.	4. If Amendment, Date of Original Filed (Month/Day/Year)											Individual or Joint/Group Filing (Check Ane)  X Form filed by One Reporting Per				on
(City)	(S	tate)	(Zip)	-												Form filed by More than One Reporting Person					
		Tal	ole I - Noi	n-Deriv	vativ	e Se	ecurit	ies A	cqu	uired,	Dis	posed	of, o	Ben	efici	ally (	Owne	d			
1. Title of Security (Instr. 3)  2. Transa Date (Month/D							Execut if any	2A. Deemed Execution Date, if any (Month/Day/Year)			ction nstr.	4. Secu Dispos	4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4				Securi Benefi Owned	Amount of curities neficially ned Following		vnership n: Direct r Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership
										Code	v	Amoun	ount (A) o		Pric	e	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)
Common Stock 11/22/						19				M		47	5	A	\$34	4.05	7	7,562		D	
Common Stock 11/22/						19				M		63	4	A	\$3	7.25 8		3,196		D	
Common Stock 11/22/						19			S		1,10	09	D	\$89.26		7,087			D		
		7	Γable II - I (	Deriva e.g., p													vned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution I if any (Month/Day	Date,	4. Transa Code ( 8)		of E			ate Exer iration D inth/Day/	ate		of Se Unde Deriv		Title and Amount Securities nderlying erivative Security str. 3 and 4)		Price of rivative curity str. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Ownership Form: Direct (D) or Indirect	Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exe	e ercisable		piration te	Title	O N O	umber						
Employee Stock Option (right to buy)	\$34.05	11/22/2019			M			475		(1)	03/	/03/2027	Comn		475	9	\$0.00	687		D	
Employee			İ								T										

(1)

03/02/2028

### **Explanation of Responses:**

\$37.25

1. The options vest in equal installments on each of the first four anniversaries of the grant date.

#### Remarks:

Stock Option (right to

buy)

Exhibit Index: Exhibit 24 - Power of Attorney for David W. Tucker dated November 4, 2019

11/22/2019

/s/ David W. Tucker 11/25/2019

\$0.00

1,266

D

\*\* Signature of Reporting Person Date

634

Stock

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

### POWER OF ATTORNEY

Know all by these presents, that the undersigned hereby constitutes and appoints each of Dirk Allison and Brian Poff, signing singly, the undersigned's true and lawful attorney-in-fact to:

- (1) execute for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of Addus HomeCare Corporation (the "Company"), Forms 3, 4, and 5 in accordance with Section 16(a) of the Securities Exchange Act of 1934 and the rules thereunder;
- (2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Form 3, 4, or 5, complete and execute any amendment or amendments thereto, and timely file such form with the United States Securities and Exchange Commission and any stock exchange or similar authority;
- (3) execute for and on behalf of the undersigned a Form ID and any subsequent filings, submissions or correspondence relating thereto; and
- (4) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best interest of, or legally required by, the undersigned, it being understood that the documents executed by such attorney-in-fact on behalf of the undersigned pursuant to this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorney-in-fact may approve in such attorney-in-fact's discretion.

The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or proper to be done in the exercise of any of the rights and powers herein granted, as fully to all intents and purposes as the undersigned might or could do if personally present, with full power of substitution or revocation, hereby ratifying and confirming all that such attorney-in-fact, or such attorney-in-fact's substitute or substitutes, shall lawfully do or cause to be done by virtue of this power of attorney and the rights and powers herein granted. The undersigned acknowledges that the foregoing attorneys-in-fact, in serving in such capacity at the request of the undersigned, are not assuming, nor is the Company assuming, any of the undersigned's responsibilities to comply with Section 16 of the Securities Exchange Act of 1934.

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned's holdings of and transactions in securities issued by the Company, unless earlier revoked by the undersigned in a signed writing delivered to the foregoing attorneys-in-fact. This Power of Attorney replaces and revokes any and all prior powers of attorney granted by the undersigned, in the undersigned's capacity as an officer and/or director of the Company, relating to Section 16 of the Securities Exchange Act of 1934.

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 4th day of November, 2019.

/s/ David W. Tucker David W. Tucker